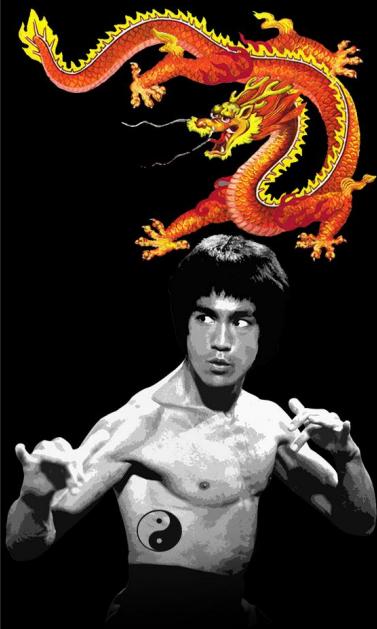


Bruce Lee

Contribution to Martial Arts

Bruce Lee



I fear not the man who has practiced
10,000 kicks once, but I fear the man who
has practiced one kick 10,000 times.

Bruce Lee is the greatest icon of martial arts cinema, and a key figure of modern popular culture.

- His movies influenced western cinema.
- First realistic fighting scenes.
- Philosophy

Be Water, My Friend.

Empty your mind. Be formless, shapeless, like water. You put water into a cup, it becomes the cup. You put water into a bottle, it becomes the bottle. You put it into a teapot, it becomes the teapot. Now water can flow or it can crash. Be water, my friend.

Martial Arts for life



Jun Fan Gung Fu-Institut in L.A.



Movies

- Enter the Dragon
- Game of Death
- Return of the Dragon/Way of the Dragon
- Fist of Fury/The Chinese Connection
- The Big Boss

https://www.youtube.com/watch?v=-_nWzfejl8Q